



Choices with Childbirth training CD-ROM Users Guide

NB: This guide is intended to be read in conjunction with the detailed instructions in the 'HELP' section of the Choices with Childbirth CD-ROM

Run Choices with Childbirth (CWCB) to the Home Page (Main Menu).
Click on 'Help' to view a detailed description of the features of the program.
Familiarise yourself completely with the CWCB program by reading the following sections:

Finding my way around

- The Home Page
- Browsing the Information section
- Using the top Navigation bar
- Icons and their meaning
- The Footer

Search by words (using the keywords provided, or by typing in a word, phrase or author)

For example open 'Search' in the navigation bar, type in 'Subgaleal' and click 'Search'.

- On the right of the page is listed all sections of the program where the word 'Subgaleal' appears. Clicking on each of these will take you to the relevant section.
- Note there are 4 different types of symbols for the links – 1. links to text; 2. links to revision questions; 3. links to media; 4. links to references
- Note also that each media image and reference has been ascribed a specific code.
- Open 'Effects of Vacuum Extraction' at the top of the list. Note that wherever the search word ('subgaleal') appears it is highlighted in yellow. If you quickly scroll down you will see the highlighted sections where the subject is discussed.
- Use the 'Back' arrow on the navigation bar to return to the search list and try out examples of revision questions, media and references.

Search by codes (using the specific Media codes, Reference codes or Case Study codes)

Open 'Search' in the navigation bar at the top of the page. In the 'Go to code' text box, type in and then open the following codes and click 'Go to':

- Media code – M0269
- Reference code – R0100
- Case Study code – C3S380

See Media and Reference code lists in 'Contents' and practise searching using other codes yourself.

Case Studies

The Case Studies section is arguably the centre-piece of *Choices with Childbirth*.

Please refer to 'How to Use the Case Studies' in the 'Help' section of the program:

- What's on the case study pages?
- A guide for doing the case studies
- How to recommence a case study

There are four case studies in 'Progress of Labour' each of which then proceeds to a 'Vacuum Assisted Delivery' case study. Each page of a case study contains relevant clinical data including the maternal and fetal condition and progress of the labour. At each step of the case study an assessment or management option must be selected before proceeding. Whether the correct or incorrect option is selected, you will see displayed a direct link to the Information section that is relevant for the question.

Note that if you do leave the case study in search of information you can always return directly to the case study by clicking on the 'Return to your active case study' link in the green box at the top left corner of the screen.

Note also that each page of a case study is identified with a 'Case study step Code' at the top right hand corner of the screen (e.g. C3S370). Thus, if for some reason you must leave the case study before it is completed, you may return at a later time to the precise step of the case study by entering the respective Case study step Code in the 'Go to code' function of the Search feature of the program.

When you 'Quit' the program you will be presented with the relevant Case study Code and instructions on how to return to the case study at your point of departure.

Additional Features

Lectures

These lectures are a useful and practical summary of the principles and technique of vacuum assisted delivery.

- Lecture A: Indications, Selection of patients for vacuum assisted delivery
- Lecture B: Technique of vacuum assisted delivery

Click on 'Contents' -> 'Vacuum assisted delivery' -> 'Resources' -> Open lectures

Review Questions

- Miscellaneous review questions
- General knowledge questions

Click on 'Contents' -> 'Vacuum assisted delivery' -> 'Revision' -> Questions

Check your answers by viewing the Comments provided or the References displayed.

Media list (with Search codes)

CWCB contains more than 200 media files, each with a designated code that allows easy retrieval.

Click on 'Contents' -> 'Media' -> 'Media list' -> Select media file (or code)

Exercise:

Select a media code from the above list (e.g. M0324, M0349, M0269), click 'Search' then in the 'Go to code' box enter the selected code and open the media file by clicking 'Go to'.

Reference list (with Search codes)

CWCB contains over 350 references in the bibliography, each with a designated code. Click on 'Contents' -> 'References' -> 'Reference list' -> Select reference (or code)

Exercise (a): Select a reference code from the above list (e.g. R0010, R0137, R0172), click 'Search' then in the 'Go to code' box enter the selected code and open the reference file by clicking 'Go to'.

Exercise (b): Search for a reference by the author's name (e.g. Bird, Malmstrom) by clicking 'Search' and entering the name in the 'Search for' box and clicking 'Search'.

Note that, in addition to the relevant references (and codes), you will be presented with all the information and media files in which the author's name appears. Note also, that wherever the author's name appears in the text it is highlighted in yellow.

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